

Monday 16th July - Sunday 22nd July 2018

Swimming Pool & Fitness Suite Timetables

| | Morning | Afternoon/Evening |
|-----------|------------------------------|---|
| Monday | Closed | Fitness Suite 16.00-21.45. Refer to Term-Time programme for the swimming pool |
| Tuesday | 07.00-09.00 | Fitness Suite 16.00-21.45. Refer to Term-Time programme for the swimming pool |
| Wednesday | 07.00-09.00 | Fitness Suite 16.00-21.45. Refer to Term-Time programme for the swimming pool |
| Thursday | 07.00-09.00 | Fitness Suite 16.00-21.45. Refer to Term-Time programme for the swimming pool |
| Friday | 07.00-09.00 | Fitness Suite 16.00-21.45. Refer to Term-Time programme for the swimming pool |
| Saturday | Saturday Term-Time Programme | Saturday Term-Time Programme |
| Sunday | Sunday Term-Time Programme | Sunday Term-Time Programme |

Monday 23rd July - Sunday 2nd September 2018

Swimming Pool & Fitness Suite Timetables

| | Morning | Afternoon/Evening |
|-----------|-------------|-------------------|
| Monday | Closed | 16.00-21.45 |
| Tuesday | 07.00-09.00 | 16.00-21.45* |
| Wednesday | 07.00-09.00 | 16.00-21.45 |
| Thursday | 07.00-09.00 | 16.00-21.45 * |
| Friday | 07.00-09.00 | 16.00-21.45 |
| Saturday | 08.15-12.00 | 12.00-19.00 |
| Sunday | 08.15-12.00 | 12.00-18.45 |

The Fitness Class timetable will remain the same throughout the Summer.

POOL INFORMATION:

ADULT SWIMMING:

07.00-08.00 (Tuesday-Friday)
21.00-21.45 (Monday-Friday)
08.15-09.45 (Saturday and Sunday)

FUN SESSIONS:

Saturday 15.30-16.30 Sunday 17.00-18.00

POOL PARTIES:

Pool parties continue as usual during the summer holiday.
Please remember to enquire whether the pool is open from 16.30-17.30 on Saturdays and 12.00 to 13.00 on Sundays

***AQUA:**

Tuesday & Thursday 20.15-21.00 the pool is closed for swimming due to Aqua Fit