

Swimming Pool & Fitness Suite Timetables

Monday	Closed	16.00-21.45
Tuesday	07.00-09.00	16.00-21.45*
Wednesday	07.00-09.00	16.00-21.45
Thursday	07.00-09.00	16.00-21.45 *
Friday	07.00-09.00	16.00-21.45
Saturday	08.15-12.00	12.00-19.00
Sunday	08.15-12.00	12.00-18.45

The Fitness Class timetable will remain the same throughout the Summer.

POOL INFORMATION:

ADULT SWIMMING:

(Over 18's Only)

07.00-08.00 (Tuesday-Friday)

21.00-21.45 (Monday-Friday)

8.15-9.45 (Saturday and Sunday)

POOL PARTIES:

Pool parties continue as usual during the summer holiday.

Please remember to enquire whether the pool is open from 16.00-17.00 at the weekends

***AQUA:**

Tuesday & Thursday 20.15-21.00 the pool is closed for swimming